

WH TESTS IT

# Supermarket jollies

For a good time, chuck these in your trolley

Supermarkets hide a wealth of nookie-friendly products. "The selection of household items that can be used as sex toys is limited only by your imagination," says sex therapist and psychologist Dr Janet Hall, author of *Sex-Life Solutions* (\$26.95, Finch). Here, some to get your (creative) juices flowing – with a few tested by WH sex expert Jacqueline Hellyer.

## 1. Hairbrush

Throughout the ages, brush handles have been used as dildos, but we know you can afford a proper one, so here's a better use for a brush: after rubbing the bristles over your partner's head Orgasmatron-style, rub it over his back during missionary for a full-body-tingly effect. A back scratcher and bunches of dried herbs can titillate in the same way, Hellyer says.

**HELLYER'S VERDICT** "A head massage is one of my greatest pleasures, so having my lover slowly brush my hair made for brilliant foreplay. And it was great for him too. Running bristles over the rest of our bodies, particularly blindfolded or restrained for added delicious tension... Mmm. 9/10."

## 2. Goopy food

When you think erotic edible treats, you probably think chocolate body paint, but you don't need to peruse the X-rated shelves. "Pour any wet or

gooey foodstuffs – think honey, jam, cream, liqueurs – on your partner, then get licking," suggests Hellyer. A word of warning from sexologist Dr Sari Locker: sugary substances inserted inside the vagina can up your chance of a yeast infection. Not so sweet.

## 3. Flyswat

Want to try spanking, but don't want to invest in special paddles? Get some bang for a couple of bucks with a fly swat (freshly bought, please). You can apply enough pressure to redden skin but not enough to injure your spankee. Spatulas, rulers and the back of hairbrushes can work just as well.

**HELLYER'S VERDICT** "This provides a nice sting on the rear, if you like that kind of thing. But it lacks firmness and weight. And there's something unsexy about an implement used to kill flies! I'd suggest the back of the aforementioned hairbrush would be a better. (Although why use anything when you've got bare hands...?). 6/10."

## 4. Beach ball

Ever played ball on your own? Try this: take a deflated beach ball and fill it about halfway with air. Place it on a lounge and sit on it so it's right under your clitoris (hold on to the arm or back of the lounge for balance). Then wiggle, rock and bounce on it for the most fun you've ever had with balls. **HELLYER'S VERDICT** "Rub myself over a partially inflated beach ball?! Well, it made for playful conversation with my lover, coming up with ways to use it – cover it with warm oil, perhaps? As for clitoral stimulation, I can't say it did much for me. 2/10."

## 5. Pulsating toothbrush

Electric toothbrushes have long had a rep for being able to give you good vibes, but unlike others, the Oral-B Pulsar Pro-Health (\$9.44) doesn't have pain-inducing rotating bristles. Its battery-powered bristles gently pulse, so place the smooth side of the head on your clitoris for a buzz.



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